

School	Maccada From The Drincipal	Important
Details	Message From The Principal	Dates
Phone 08 9653 9300 Address Roberts Street, Moora, WA, 6510 Email moora.ps@ education.wa.edu.au Website www.mooraps.wa.edu.au	<ul> <li>Dear Parents, Carers and Community members,</li> <li>Personal Note</li> <li>Earlier this week, families received an email outlining my plans for the future. Unfortunately, due to personal reasons, I am stepping back from education for a period of time. Across the last 30 years in the Education Department, I have been driven by a passion to deliver high-quality education for rural children. I have thoroughly enjoyed being part of the Moora team and getting to know your beautiful children.</li> <li>Shannon and I are working closely with our Regional Director to ensure a seamless transition for our school and minimal interruption to the education of our children. This will be finalised and communicated with the school community before the end of term.</li> <li>Book Week</li> <li>As always, we saw an amazing display of creativity and colour in the costumes for our Book Week parade on Tuesday. Students have been following up in classes with activities on specially chosen books.</li> <li>Father's Day Breakfast</li> <li>We hope all of the fathers, grandfathers and father figures have a special day on the 3rd of September. We would like to show you how important you are to our children on Monday 4<sup>th</sup> September. Come along from 8am for a breaky roll and some fun.</li> <li>Camp</li> <li>The Year 6 Canberra Camp was the culmination of months of fundraising and planning. We had six action packed days alongside our new friends from Eneabba. There were so many firsts including flying and snow. Aside from one freezing, rainy day, we were extremely fortunate with the weather and we our fabulous bus driver, Mick kept us on track.</li> <li>Across our education tour of the national capital, students were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy. The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of thee Tokics and Citizenship education. To assist</li></ul>	Thursday 24th September Faction Athletics CarnivalMonday 4th September Father's Day BreakfastFriday 8th September Interschool Athletics Y1-6Wednesday 13th September Assembly Room 4 -Learning JourneySaturday 16th September Moora Show





Working with Children There have been some changes to the Working with Children rules in schools specific to parents/carers. In short it means that all parent volunteers will have to sign a declaration form in order to volunteer at school. These changes are designed to keep our children safe at school. There is more information further in the newsletter and a declaration form attached. This form is only required annually and next year we will send it out with our forms at the beginning of the year. Please contact the office if you have any queries about the process.	
School Day/Attendance Our school day officially begins at 8:40 am. The earliest students should be on site is 8:00 am. From this time until class starts, they may attend breakfast club or sit quietly on the bench outside their classroom. Every day counts across the education of your child. If your child is sick or has an appointment, please let the school know. The best way to do this is using the attendance button on our website or sending a Seesaw message to the teacher. Alternately, give the front office a call.	
Amanda Roe Principal <u>Amanda.Roe@education.wa.edu.au</u>	
Working With Children Check	

We thank all our parents who generously volunteer their time and energy to support our school community. There are some changes to the Working with Children Check policy, to ensure the safety of children when we have volunteers in the school.

If you would like to volunteer at our school, you will need to sign a 'Parent and child volunteer declaration form'. You cannot volunteer if you have a current Working with Children Negative Notice or Interim Negative Notice.

These changes affect parents who are engaged in volunteer work. For example, you are considered a volunteer when you assist with activities such as reading sessions, day excursions, canteen duties, helping at a sports carnival or carrying out P&C duties. You are not a volunteer when:

- picking up and dropping off your child
- observing events like school assemblies
- attending parent and teacher interviews
- visiting the uniform shop.

If your circumstances change, and you are issued with a Negative Notice or Interim Negative Notice after completing the 'Parent and child volunteer declaration form', you must advise the principal.

A current Working with Children Check is required by all other family members and friends over 18 years of age who want to volunteer. It is a collective responsibility to ensure the safety of our children. We appreciate your ongoing support and dedication to our school community.





MOORA Moora Primary School Newsletter An Independent Public School Term 3, Week 6 Edition 10 2023

## Bullying

We have noticed the term 'bullying' being used quite often amongst some of our students and parents, often when the behaviour is not actually bullying.

Unfortunately, when we overuse the term, it can dilute the serious nature of ongoing bullying.

Below is some information from <u>www.bullyingnoway.gov.au</u> and <u>www.kidshelpline.com.au</u>.

There are 3 types of bullying behaviour:

- Verbal Bullying using words to make you feel upset, angry, embarrassed, e.g. teasing, name calling, yelling etc
- <u>Physical Bullying</u> includes hitting or hurting someone, shoving or intimidating another person, or damaging or stealing their belongings
- <u>Social Bullying</u> things like consistently excluding another person, spreading rumours or playing mean jokes etc. Social Bullying can also be in a digital form (sometimes referred to as Cyber Bullying) which can be sending mean texts or emails and posting or sharing images or videos

The above behaviours, when isolated, don't define bullying. 'Bullying' is a word that is used for behaviours that are not actually bullying. These other behaviours can be just as serious but may require different responses.

Bullying Behaviours:	Bullying is not the same as:			
<ul> <li>Are aggressive, unkind, or mean behaviours</li> </ul>	<ul> <li>Being rude – saying or doing something hurtful that wasn't planned, e.g. someone pushing in front of you in line</li> </ul>			
• Are <u>repeated behaviours</u> – it must happen multiple	<ul> <li>Being mean – doing something hurtful to someone on purpose once or twice</li> </ul>			
times in an ongoing way to be defined as bullying	Conflict – having a disagreement with someone			
<ul> <li>Happen on <u>purpose</u></li> </ul>	• Respectful feedback – on behaviours you're doing that is aren't ok			
• Have a <b>power imbalance</b>	<ul> <li>A friend putting in a boundary – e.g. I don't like it when you tell me what to do"</li> </ul>			
	<ul> <li>Natural consequences – e.g. a friend not trusting you because you shared a secret</li> </ul>			

At Moora Primary School, we encourage our students to tell a teacher when someone has been rude, mean, physical or disrespectful. It is important that we know as soon as possible, so that we can deal with it in a timely manner. If your child comes home and tells you about something that happened at school, it is important that you let us know as soon as you can, and also encourage your child to talk to a teacher if it happens again.

If we know about all incidents in a timely manner, then it will be easier for us to determine if a child is being bullied and we can take the appropriate actions to ensure that it doesn't continue.

We can also address all non-bullying incidents appropriately to make sure your child feels safe coming to school each day.





## Room 2 Assembly

## **Merit Certificate Winners** Values Certificate Winners Lily Glenn, Ethan Cockman, Taku Nash Furniss, Laycee Knickel, Kahlia Indich-Marshall Tata, Aaliyah Simpson, Corey-Tate, Emily Bashford & Ruby Panizza. Syade Narrier, KJ Albright-Watson, Kahleah Ratima, Nick Taylor, Brianna Coughlin, Jaxon Brown & Shaneiqua Indich. Room 2 Assembly Aussie of the Month Hunter Glenn











## Year 6 Camp

### Day 1-3 Canberra Camp

Two weeks ago, Room 5 were lucky enough to go to Canberra for 2023's Year Six Camp.

We had a blast and enjoyed this experience with our classmates, we are very grateful to have had such a great time.

To start off our week, we participated in an exciting lesson at the National Electoral Centre where we voted for our favourite fruit, just like you would do in an actual election. We then caught our bus all the way to the High Court of Australia! There we were guided through the building, we visited The Constitutional Court of Australia while our tour guide used his knowledge to explain Australia's court system to us.

After lunch, we ventured to the Parliament House! We were amazed when we caught our first glimpse of the building. Bethany our lovely tour guide showed us both the House of Representatives and The Senate. We were given a lot of information in this session.

Next on our list, was a tour of The National Gallery, we had a great time looking at all the fantastic artworks. Finally, we completed our first day in Canberra at the AIS (Australian Institute of Sport). At Sportex we played multiple games, each relating to a different sport. There we were incredibly happy to have watched Olympic gymnast Georgia Godwin train on the vault.

Tuesday was an early start, this was the day our dreams were fulfilled, we were going to the snow! Literally only 15 minutes after we woke up, we were rushed onto the bus and spent three hours total on our journey to the snow. When we arrived the staff from Kosciusko National Park greeted us and performed in a small game show, as we went on, we learnt some funky facts. Did you know... Lake Cootapatamba was formed by glacier ice melting from Mount Kosciuszko!

Shortly after our visit we took the ski tube to Blue Cow. This is where we had our snow play. Although we were only able to spend one hour in the snow, we had a ball! We had snowball fights, we made snow cones, and even went down snow slides! It was our favourite activity throughout the whole camp.

In the evening we had a movie night, and chilled with our friends to wind down after our very busy day. To be continued, keep an eye out in our week 9 newsletter...







## Voluntary Contributions

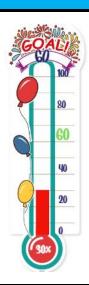
Have you paid?? This payment helps fund art and craft resources, paper, computer consumables, sports equipment and classroom resources. Last year, 39% of voluntary contributions were paid. Our aim is to improve on that for 2023.

Contributions are \$60 for PP-6 students and \$30 for Kindy students.

You can pay by cash, cheque or direct deposit:

Name: Moora Primary School BSB: 066-040 A/C: 19904795 Ref: Family Name

Please see us in the office to organise your payment as soon as possible.



## The Moora Way

During Weeks 7 and 8, our expected behaviour focus is -

# "We try new experiences with a positive attitude"



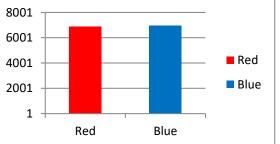


## Faction Tokens

Tokens	Reward	Achieved?
500	A Frozen Treat	Red & Blue
1000	Extra Playtime	Red & Blue
2500	Lunch Time Tunes	Red & Blue
4000	A Frozen Treat	Red & Blue
5500	Free Dress Day	Red & Blue
7000	Sausage Sizzle	
8500	Extra Playtime	



### Faction Totals 2023







## Chaplains Chat

In the last newsletter I talked about how in the world we live in today our children are much more exposed to the news which can include events like war, terrorism, natural disasters, and violence. Most adults want to protect children from scary events but in todays connected world it is not possible to keep all media from reaching them. As I said last time it can be healthy and helpful to talk to your child about the event to give you an understanding of what they already know and help them share any worries they may have, instead of having to manage any feelings of distress on their own. This provides an opportunity to help reduce anxiety and fear, and for you to model resilience and show strategies for positive coping.

Today I want to give you some guidelines to think about, plan, and initiate conversations about violence, terrorism, or war.

- 1. Before you have a conversation with your child, check in with how you are feeling, are you ready to talk about this? Are you ok about answering some difficult questions from your child? If not wait until you are in a good frame of mind for this type of conversation.
- 2. Is this the right moment? There will never be the perfect moment but try to choose a time where there aren't lots of distractions and you have time to have a proper conversation with your child.
- 3. Approach the conversation gently by first finding out what they know. Ask them what they have heard about the event, to give you the opportunity to correct any misconceptions and fill in any gaps.
- 4. Don't assume children know that its ok to talk to you about their feelings, lots of children feel they are burdening their parents if they tell them are upset and not ok. Let them know that any feelings are ok and to share with you what they are feeling. Accept their feelings without judgment.
- 5. Let your child lead the conversation and monitor how they respond. If they don't want to talk, don't make them, try again another time.
- 6. Give them honest, simple, and age-appropriate information about what is happening, and make sure you stick to the facts. Don't deny what is happening, and that it is serious but try to put it in the context of the wider world and remind them these things don't happen very often and its okay to feel upset. This can be a great time to talk about helping others and how ordinary people have done extraordinary things in a time of great need.
- 7. Follow the conversation with something fun and calming like drawing together, going for a walk, or reading a story. This helps build feelings of safety and connection and a chance for your child to calm down.
- 8. Lastly, if your child in the days and weeks after the event and conversation are acting differently – quieter than normal, acting out, drawing pictures of violent events this is their attempt to understand and process what has happened. However, if this change in behaviour continues and you are concerned, see your GP – after all you know your child better than anyone!









## 2024 Kindy Enrolments

# Head into our front office for a 2024 Kindergarten Pack.

Little Learners will begin in Term 4.

More information to come!



Shaping the future

## Kindergarten enrolments are now open for 2024

If your child will be 4 years old by 30 June 2024, enrol them in Kindergarten now.

Visit your local public school or community kindergarten to apply. Applications close 21 July 2023.







## Attendance

It is extremely important that the school is notified when your child is away, regardless of the reason.

There are several ways that you can let us know if your child will be absent and why:

- Moora PS Website click on the attendance button, fill out the form and it comes straight to the school
- > Send a message to your child's teacher either via Seesaw or email
- Give us a call or pop in to the front office 9653 9300

We would really appreciate your cooperation with this matter.











	Community	News
HAP	PY HOLI	DAY CLUB
CRAFTS JUN	NGLE TALES	BLE STORIES
SONGS	BIGNEWS	FUN FOR WERYON

October 2<sup>nd</sup> to 6<sup>th</sup>, Seventh-day Adventist Church Hall, Beasley St Moora. 9am to 12 noon, For all Primary School age children. (Enguires: 96511881)

## JUNIOR NETBALL IS BACK!

**Central Midlands Netball Association Spring** Competition is back for 2023! Juniors, High school and Senior Competitions are all happening this year and its set to be our best season yet! CMNA is welcoming new and existing teams for 2023!

Juniors - School aged children years 3 - 6

Junior Competitons commencing Tuesday 8th of August will run from 3:30 PM to 5PM

To register your teams and players please contact: Wendy Albright-Watson - Junior Coordinator M: 0447323731 E: wendyalbrightwatson@gmail.com



#### JOIN THE PARKRUN FAMILY

No need for special equipment or clothing

Volunteering is a great way to get involved

YOU DON'T HAVE TO RUN

BE PART OF A COMMUNITY

Make new friends and socialise

WALK, JOG, RUN, VOLUNTEER or simply come and watch - it's up to you!

FRIENDLY, ENJOYABLE 5K EVENTS FREE & EASY TO TAKE PART **Every Saturday morning** FUN FOR ALL THE FAMILY Prams and dogs can take part

**IMPROVE HEALTH & FITNESS** Be active in the open air

> DEVELOP NEW SKILLS BUILD CONFIDENCE Opportunities to volunteer Track progress and achieve new goals

> > Register at parkrun.com.au

Moora Parkrun, Apex Park, every Saturday 8am



MOORA Moora Primary School Newsletter

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## An Independent Public School

Term 3, Week 6 Edition 10 2023

Term Planner						
		7	Term	3 - 2023		
	Monday	Tuesda	ay	Wednesday	Thursday	Friday
1 Respect	July 17 Canteen We follow instructions Students Return	July 18		July 19	July 20	July 21
2 Respect	July 24 Canteen We follow instructions	July 25	PBS	July 26	July 27 Kindy Open Day	July 28 Eneabba Cross Country
3 Respect	31 Canteen We use equipment properly	Aug 1		Aug 2 NAIDOC Celebrations Day	Aug 3	Aug 4
4 Respect	Aug 7 Canteen We use equipment properly Year 6 Camp	Aug 8	PBS	Aug 9	Aug 10	Aug 11
	Aug 14	Aug 15		Aug 16	Aug 17	Aug 18
5 Perseverance	Canteen We use problem solving when needed SCIENCE WEEK	, nug 10		Assembly - Room 2	200m & 400m Running Events	One Big Voice
	Aug 21	Aug 22	PBS	Aug 23	Aug 24	Aug 25
6 Perseverance	Canteen We use problem solving when needed BOOK WEEK Year 6 Orientation	Book Week D Up Day	)ress	Kindy Athletics Day	Faction Athletics P-6	
7 Perseverance	Aug 28 Canteen We try new experiences with a positive attitude	Aug 29		Aug 30	Aug 31	Sept 1
8 Perseverance	Sept 4 Canteen We try new experiences with a positive attitude Father's Day Breakfast	Sept 5	PBS	Sept 6 Community NAIDOC Event *TBC	Sept 7	Sept 8 Interschool Athletics Y1-6 (Dalwallinu)
9 Perseverance	Sept 11 Canteen We include others even when it's hard	Sept 12		Sept 13 Assembly/ Learning Journey - Room 4	Sept 14	Sept 15 Moora Show (Saturday)
10 Perseverance	Sept 18 Canteen We include others even when it's hard	Sept 19	PBS	Sept 20 Good Standing Day	Sept 21	Sept 22



# Moora Primary School Newsletter An Independent Public School

Term 3, Week 6 Edition 10 2023

#### Canteen Menu

# MOORA PRIMARY LUNCH MENU

#### ROLLS/WRAPS

New Canteen

Menu and Price List

Filling choices \$5.50 Vegemite, Ham, Chicken, Tuna, Lettuce, Cheese, Carrot, Cucumber, egg, Mayo

#### SANDWICHES

#### Filling choices \$5.50

Vegemite, Ham, Chicken, Tuna, Lettuce, Cheese, Carrot, Cucumber, egg, Mayo

#### SALAD TRAY

Filling choices \$8.50 Ham, Chicken, Tuna or No Meat

#### TOASTIES

Chicken \$5.00 Filling choices Cheese, Tomato, Pineapple, Mayo

Ham \$4.50 Filling choices Cheese, Tomato, Pineapple

Tuna \$4.50

Filling choices Cheese, Tomato,

No Meat \$4.00 Filling choices Vegemite, Cheese, Tomato, pineapple

#### HOT FOOD

Pie \$4.50 Steak, Steak & Cheese, Steak & Mushroom, Chicken & Veg Sauce 50c

#### Sausage Roll \$3.50

Plain, Cheese & Bacon, Spinach & Ricotta Sauce 50c

Pizza Single \$3.50 Ham & Cheese, Hawaiian, Supreme

Hot Dog \$3.50

Sauce 0.50c Mustard 0.50

#### SUSHI

**Filling choices** Chicken, Tuna, Cucumber, Carrot, Avocardo 4 pcs \$5.50 7pcs \$7.50

#### DRINKS

Water \$1.50 **Flavoured Milk** Choc, Strawberry, Spearmint

\$2.00

100% Juice Apple, Orange, Apple & Blackcurrant

> \$2.00 Drinks may be

substituted

Please place Classroom Number on bag

